

CURRICULUM VITAE

Name: Rosalia Silvestri

Postdoctoral Training:

Internship and Residencies:

1981-1984 Resident in Neurology, Messina Medical School Neurological Clinic, Messina, Italy
1984-1988 Resident in Pediatrics, Messina Medical School Pediatric Clinic, Messina, Italy

Research Fellowships:

1981-1982 Graduate Fellow at Stanford Medical School Sleep Disorders Center, Stanford University

Licensure and Certification:

1980 Physician, Countries of the European Community
1984 Board Certified in Neurology, University of Messina
1988 Board Certified in Pediatrics, University of Messina

Academic and Hospital Appointments:

1985 - 1996 Research Associate, Department of Neurological and Neurosurgical Sciences, University of Messina, Italy
1998 - 2004 Assistant Professor, Department of Neurology, Brigham and Women's Hospital, Harvard Medical School, Boston, MA. USA
1996 - 2022 Associate Professor, Department of Clinical and Experimental Medicine, Sleep Medicine Center, University of Messina, AOU G Martino, Messina, Italy

Visiting Appointments:

1981 - 1982 Graduate Fellow, Sleep Disorders Center, Stanford Medical School, Stanford University, Palo Alto
1982 Clinical Research Training, Respiratory Physiopathology Laboratory, McGill University, Montreal
1984 Clinical Research Fellow in Neonatal EEG, Maternite' de Port Royal, Paris
1997-1998 Clinical Research Fellowship at Harvard Medical School, Boston, MA. U.S.A., Department of Neurology.
1998-2004 Assistant Professor, Department of Neurology, Harvard Medical School, Boston, MA. U.S.A.

Awards and Honors:

1980 Degree with Honors and Distinction, Messina Medical School, Italy
1981 Clinical Research Fellowship, Umberto Bonino and Maria Sofia Pulejo Foundation
1983 Young Scientists Award in Sleep Research, The European Science Foundation, Zurich, Switzerland
1984 Board Certified with Honors and Distinction, Board of Neurology, University of Messina, Italy
1988 Board Certified with Honors and Distinction, Board of Pediatrics, University of Messina, Italy

Major Committee Assignments:

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| 1991 - 1993 | Board of Directors, The Italian Society of Clinical Neurophysiology (SINC) |
| 1991 - 1994 | Board of Directors, AIMS (Italian Sleep Disorders Association) |
| 1991 - 1994 | Board of Directors, The European Pediatric Sleep Society |
| 1994 | Organizer of The IV National AIMS Meeting, Taormina, Italy |
| 1994 - 1997 | Treasurer, AIMS (Italian Sleep Disorders Association) |
| 1995 | Organizer of the IV Meeting of the European Sleep Club, University of Messina, Italy |
| 2004-2007 | European Federation of Neurological Societies Liaison (AAN) |
| 2004-2007 | Associate Newsletter Editor (Sleep Medicine Section News) |
| 2004-2007 | Member of the Executive Committee of the Sleep Medicine Section (AAN) |
| 2006-2022 | Director of the AIMS Special Commission: Sleep in Women |
| 2006-2022 | Member of the International (IRLSSG) and of the European RLS Study Group (EURLSSG) |
| 2009 | Organizer of the National Symposium of sleep-related motor disorders (AIMS), Taormina, Italy |
| 2009-2012 | Member of the Executive Committee of the Parasomnia Section (ASDA) |
| 2009-2015 | Board of Directors AIMS (Italian Association of Sleep Medicine) |
| 2010 | Recipient of PRA funding to conduct a multicenter research project on Sleep Disorders in Menopause |
| 2011 | Co-recipient (together with the Pisa Sleep Center) of PRIN funding to conduct a research project on OSAS and Gender |
| 2013-2017 | Member at large of the International RLS Study Group Board (IRLSSG) |
| 2014 | Organizer of an Italian multicenter research project on Sleep and Pregnancy |
| 2016-2018 | Member at large of the European RLS Study Group Board (EURLSSG) |
| 2018 | Organizer of the 28 th National Meeting of AIMS, Taormina, Italy |
| 2019 | Elected President of the European RLS Study Group (EURLSSG) |

Membership in Scientific Societies:

Nazional:

Italian Neurology Society (SIN); Italian League Against Epilepsy (LICE), Italian Association of Sleep Medicine (AIMS), Italian Society of Clinical Neurophysiology (SINC), Italian Society of Psychophysiology (SIPF)

European:

European Sleep Research Society (ESRS), European RLS Study Group (EURLSSG), European Academy of Neurology (EAN)

International:

American Sleep Disorders Association (ASDA), International League Against Epilepsy (ILAE), American Association for the Psychophysiological Study of Sleep (APSS); American Epilepsy Society (AES), American Academy of Neurology (AAN); International RLS Study Group (IRLSSG); World Sleep Society (World Association of Sleep Medicine & World Sleep Federation)

Major Research Interests:

Sleep Neurophysiology; Sleep Disorders in Adults and Pediatrics (gender differences, parasomnias and sleep related movement disorders); Clinical Epilepsy; EEG and Polygraphic Techniques; Movement Disorders, Neuropsychopharmacology.

Teaching Experience:

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| 1988 - 1992 | Teaching Fellow in Neurology and Psychology, School for Rehabilitation Therapists; University of Messina, Italy |
| 1990 - 1994 | Teaching Fellow in Neuropsychology, School for Psychotherapists, University of Messina, Italy |
| 1991 - 1992 | Instructor, Polysomnography and Related Techniques for the Specialty Board in Neurology, University of Messina, Italy |
| 1993 - 1994 | Instructor, Neurology and Psychomotricity, School for Language Rehabilitation Therapists, University of Messina, Italy |
| 1996 - 2017 | Professor, Polygraphy and Sleep Medicine for the Specialty Board in Clinical Neurophysiology, University of Messina, Italy |
| 1997 - 2004 | Professor, multiple lectures and seminars on Sleep disorders and Epilepsy for Harvard Medical School, Boston, Massachusetts |
| 1997-2019 | Professor, Annual Residential Course in Sleep Medicine, Bertinoro, Italy |
| 2000 - 2008 | Professor, Clinical EEG, polygraphy and related techniques for the Specialty Board in Clinical Neurophysiology, University of Messina, Italy |
| 2002 - 2009 | Professor, EEG theoretical-practical Residential Course, University of Messina |
| 2004-2022 | Professor, Sleep and Sleep Disorders for the Specialty Board in Neurology, University of Messina, Italy |
| 2004-2022 | Professor of Neurology, Messina Medical School, Italy |
| 2007 | Sleep compact course by invitation for the University of Taiwan |
| 2007 | “Sleep and Epilepsy” training course, WASM 2007, Bangkok, Thailand |
| 2007-2016 | Teaching for Master Course in “Neuropsychology of Learning”, Dpt of Pediatric Neurology and Psychiatry, University of Messina |
| 2008 | Full seminar as invited lecture on Sleep and Epilepsy, Orlando, Florida (USA) at the Cutting Edge of Sleep Conference |
| 2008-2009 | Teaching for Master course on “Sleep and Wellbeing”, Pisa Medical School, Neurology |
| 2009 | Teaching in Sleep Medicine Master, Lisbon, Portugal |
| 2010-2013 | Professor on the Teaching Board of “Clinical and Translational Research in Neurosciences and Oncology” PhD Doctoral course, University of Messina |
| 2011 | Teaching, Italian League Against Epilepsy Residential Course (LICE), Sciacca, Italy |
| 2011 | “Sleep and Epilepsy” lecture presented within the “Parasomnia” training course, WASM 2011, Quebec City, Canada |
| 2012 | Professor, Residential EEG course organized by the Italian League Against Epilepsy (LICE), Erice, Italy |
| 2012-2018 | Professor, Invited lectures for Pisa Sleep Awards, Biennial meeting, Pisa, Italy |
| 2013-2018 | Professor on the Teaching Board of “Clinical Medicine and Behavioral Sciences” PhD Doctoral course, University of Messina and University of Palermo, Italy |
| 2013-2022 | Professor of Polygraphy and Sleep Studies in Neurophysiopathology Techniques (undergraduate course), University of Messina, Italy |
| 2014 | Teaching of “Sleep disorders in children” within the IV annual training course, “Electroencephalography in Childhood and Adolescent Neuropsychiatry” organized by SINPIA-Sicilia, Siculiana Marina, Italy |
| 2014 | Keynote lecture “Differential diagnosis of disorders of arousal in children”, Turkish Sleep Medicine Society, 4 th Congress of Sleep Disorders, Mardin, Turkey |
| 2014-2022 | Professor, Second Level Master Course in Sleep Medicine, Bologna Medical School |
| 2015 | Teaching Course in Sleep and Pediatrics, 7 th World Congress of the World Sleep Federation, Istanbul |
| 2015-2016 | Professor in Neurophysiopathology Diagnostics in Health Profession Sciences (graduate course), University of Messina, Italy |

- 2015-2018 Professor of Neurology, Neuroscience module in Motor Sciences, Sports & Health (undergraduate course), University of Messina, Italy
- 2015-2019 Teaching of “Epilepsy and Disorders of Arousal” and “Sleep Related Movement Disorders” in Biennial Course of Pediatric Sleep Medicine, Sant’Andrea Hospital, Rome
- 2015-2022 Professor of Neurology in Neurophysiopathology Techniques (undergraduate course), University of Messina, Italy
- 2016 Keynote lecture on “Sleep and Epilepsy in Children”, International Child Neurology Congress (ICNC), Amsterdam
- 2016-2017 Professor of Neurosciences in Cognitive Sciences and Communication Theories (graduate course), University of Messina, Italy
- 2018-2022 Professor of “Neurological correlates of the aging brain and dementias” in Clinical and Health Psychology in the Life Cycle (graduate course), University of Messina, Italy
- 2019-2022 Professor of “Neurology 101” in Clinical and Preventive Psychological Sciences and Techniques (undergraduate course), University of Messina, Italy

National and International Sleep Symposia organized:

- 2005 Chair of “Overlapping Parasomnias and Status Dissociatus”, Sleep 2005, Denver, Colorado (USA)
- 2006 Chair of “Sleep in Neurological Disorders”, Symposium in Sleep 2006, Salt Lake City, Utah (USA)
- 2006 Chair of “ADHD and Related Sleep Disorders”, Clinical Workshop, Sleep 2006, Salt Lake City, Utah (USA)
- 2007 Chair of “Co-morbidity, morbidity and mortality in the restless legs syndrome” symposium, WASM 2007, Bangkok, Thailand
- 2007 Chair of “REM sleep behavior disorder 20 years later: sleep disorder or syndrome?” symposium, WASM 2007, Bangkok, Thailand
- 2007 Chair of “DOA in Neurological Disorders” symposium, Sleep 2007, Minneapolis, Minnesota (USA)
- 2007-2017 Chair of the “Women and Sleep” Yearly Symposia in the national AIMS meeting
- 2009 Chair of the National Symposium (AIMS) of Sleep Related Motor Disorders Section
- 2009 Chair of the workshop on clinical trials of hypnotics and antidepressant drugs, European School for the Assessment of New Medicine, Villa Mondragone, Rome, Italy
- 2010 Chair of “Parasomnia” clinical workshop, Sleep 2010, San Antonio, Texas (USA)
- 2010 Chair of “Sleep Disorders in Neurology” symposium for Aging and Sleep International Meeting, Lyone, France
- 2010 Chair of “Pediatric RLS” Symposium, IPSA 2010, Roma, Italy

- 2010 Chair of “Sleep Disorders in ADHD” Symposium, IPSA 2010, Roma, Italy
- 2011 Chair of “Parasomnia” clinical workshop, Sleep 2011, Minneapolis, Minnesota (USA)
- 2011 Chair of “Sleep Disorders in Women” symposium, WASM 2011, Quebec City, Canada
- 2011 Chair of “Sleep Fragmentation in Children” symposium, WASM 2011, Quebec City, Canada
- 2012 Chair of “Sleep and Epilepsy” symposium and teaching course, LICE 2012, Torino, Italy
- 2012 Chair of “Insomnia, Hypersomnia and Pseudo Insomina” symposium, AIMS meeting, Parma, Italy
- 2013 Chair of Tapas symposium “How to assess and treat sleep disorders in pregnant women”, 5th World Congress on Sleep Medicine, Valencia, Spain
- 2015 Chair of “Sleep and women” Teaching Course, AIMS meeting, Cagliari, Italy
- 2016 Chair of “Vitamin D deficiency in pediatric sleep disorders” and “Excessive daytime sleepiness in children” symposia, IPSA meeting, Taipei, Taiwan
- 2016 Chair of post-doctoral course in Pediatric Sleep Medicine, SLEEP meeting, Denver, Colorado
- 2017 Chair of “New Alternative Non-Surgical Treatment for OSA in Children: The Role and Impact of RME on Child Development” symposium, 9th Biannual Conference in Pediatric Sleep Medicine, Amelia Island, Florida
- 2017 Chair of “Pediatric RLS: an update on the specific clinical, polysomnographic, and therapeutic aspects of RLS in pediatric age” symposium, EURLSSG meeting, Munich
- 2017 Chair of “Pediatric Sleep Medicine” course, World Sleep meeting, Prague
- 2017 Chair of “Vitamin D and Sleep” and “Sleep disorders in post-menopausal women: The impact on health” symposia, World Sleep meeting, Prague
- 2018 Chair of “Sleep Disorders in Children and Adolescents” symposium, Federación Latinoamericana de Sociedades de Sueño Meeting, Punta del Este, Uruguay
- 2018 Chair of “Treatment Options and Mechanisms in Pediatric RLS” symposium, IPSA Meeting, Paris, France
- 2019 Co-chair of “C15 Parasomnia” Course, World Sleep Meeting, Vancouver, Canada
- 2019 Chair of “Gender-related differences in sleep disorders of the elderly” symposium, SLEEP Annual Meeting, San Antonio, Texas

- 2020 Chair of “Tailoring RLS treatment throughout the next decade: from bench to bedside” Clinical Workshop, SLEEP Annual Meeting, Virtual due to Covid
- 2021 Chair of “Treatment options and mechanisms in pediatric RLS” symposium, IPSA, Virtual due to Covid

Editorial activity

Ad hoc reviewer for international journals:

Clinical Neurophysiology, Epilepsy and Behavior, Frontiers in Neurology, Gynecological Endocrinology, Jornal Brasileiro de Psiquiatria, Journal of Attention Disorders, Journal of Clinical Sleep Medicine, Journal of International Medical Research, Journal of Sleep Research, Journal of Sleep Science Review, Maturitas, Neurological Sciences, Pediatric Pulmonology, Plos One, Preventive Medicine Reports, Sleep, Sleep and Breathing, Sleep Medicine, Sleep Medicine Reviews, Sleep Science, Sleep Science and Practice

Editorial Board Member

Stechonlock: Sleep Medicine and Disorders

Principal Clinical and Hospital Service Responsibilities:

Director Sleep Medicine Center, Neurophysiology and Movement Disorders Unit, Dpt of Clinical and Experimental Medicine, AOU G. Martino, Messina

PUBLICATIONS

Articles

1. Nisticò G, DeSarro GB, Rotiroti D, **Silvestri R**, Marmo E. (1980) Antagonism by classical antiepileptic and sodium valproate of Cefazolin induced experimental epilepsy in rats. Res Comm Pathol Pharmacol 29: 429-444.
2. Nisticò G, DeSarro GB, Rotiroti D, Naccari F, **Silvestri R**, Calò M. (1980) Behavioral and electrocortical effect after intrastrial Cefazolin in rats are antagonized by drugs enhancing gabaergic transmission. Res Comm Pathol Pharmacol 29: 455-459.
3. Gentile G, **Silvestri R**, Nisticò G. (1980) Possibili ruoli fisiologici nelle poliamine a livello del sistema nervoso centrale. Clin Terap 94: 695-706.
4. Gallitto G, Musolino R, Troilo G, Bianchi L, **Silvestri R**, DiPerri R. (1980) Cefazolin experimental epilepsy: The effects of Diazepam on the interictal ECoG. Boll SIBS, LVI: 1996-2000.
5. Bramanti P, Narbone MC, Musolino R, Bianchi L, **Silvestri R**. (1980) La Risposta fotoconvulsiva in differenti condizioni sperimentali: Interferenza dell'apertura e chiusura degli occhi. Riv Igiene Mentale XXIV, n.2: 37-41.
6. **Silvestri R**, Bramanti P, DiRosa AE, Musolino R, Meduri M, DiPerri R. (1980) Caratteristiche dei fusi da sonno nei coreici. Riv Igiene Mentale, XXIV, n.1: 185-190.

7. Guilleminault C, Briskin JG, Greenfield MS, **Silvestri, R.** (1981) The impact of autonomic nervous system dysfunction of breathing during sleep. Sleep 4(3): 263-278.
8. Guilleminault G, **Silvestri, R.** (1982) Sleep, breathing and the heart, respiratory and cardiovascular changes occurring during sleep. J Card Pulm Technique (CVP) 10(2): 15-21.
9. Guilleminault C, **Silvestri, R.** Sleep, breathing and the heart (2) Cardiovascular changes related sleep apnea syndromes. (1982) J Card Pulm Techn 10(3): 69-75.
10. Guilleminault C, **Silvestri, R.** (1982) Excessive daytime somnolence and breathing problems during sleep: Differential diagnosis. Am J EEG Technol 22: 67-75.
11. Guilleminault C, **Silvestri, R.** (1982) Epidemiologie des enfants "Rescapés du syndrome de mort subite" Facteurs impliqués dans sa survenue. Progrès en Néonatalogie, vol 2, XII Journées Nationales de Neonatologie 34-36.
12. Guilleminault C, **Silvestri, R.** (1982) Aging, drugs and sleep. Neurobiology of Aging 3: 379-386.
13. Cumiskey J, Guilleminault C, DelRio G, **Silvestri, R.** (1983) The effect of Flurazepam on sleep studies in patients with chronic obstructive pulmonary disease. Chest 84/2: 143-147.
14. **Silvestri, R.**(1983) L'Importanza dell 'EEG Neonatale. Riv It EEG Neurofisiol Clin (Suppl 1): 4-19.
15. Simmonds FB, Guilleminault C, **Silvestri, R.** (1983) Snoring and some obstructive sleep apnea can be cured by oropharyngeal surgery. Arch Otolaryngol 109: 503-507.
16. **Silvestri, R.** (1983) L'EEG del neonato. Riv It EEG Neurofisiol Clin, 6, fasc 1/2: 23-32.
17. Meduri M, **Silvestri, R.** (1983) Il sonno e la poligrafia. Riv It EEG Neurofisiol Clin 6, 1/2: 43-60.
18. Rotiroti D, **Silvestri R**, DeSarro GB, Bagetta G, Nisticò (1982-83) Evidence that behavioral and electrocortical sleep induced by guanfacine is due to stimulation of alpha-adrenoceptors. J Psychiatr 17(3): 231-239.
19. Meduri M, Deodato M, Arena M. Alafaci C. **Silvestri R**, Ruello C, D'Amico D. (1984) Valutazione urodinamica in soggetti con enuresi notturna. Riv It EEG Neurofisiol Clin 7: 33-34.
20. **Silvestri R**, DiPerri R. (1984) I disturbi del respiro nel sonno dell'anziano. Riv It EEG Neurofisiol Clin 7: 9-11.
21. Arena MG, **Silvestri R**, Ciliberto R, Ruello C, DiPerri R. (1984) Rilievi Clinico-Strumentali in un caso di parasonnia. Riv It EEG Neurofisiol Clin 7: 17-19.
22. **Silvestri R**, DiPerri R. (1984) I disturbi del respiro nel sonno dell'anziano. Atti VII Congr Naz Soc It Fisiopatologia Respiratoria, Catania. 9-12 Maggio 1984.

23. Guilleminault C, **Silvestri R**, Mondini S, Coburn S. (1984) Aging and sleep apnea: Action of benzodiazepines, acetazolamide, alcohol and sleep deprivation in a healthy elderly group. J Gerontology 39(6): 655-661.
24. Ciliberto R, Guarniere J, **Silvestri R**, Cacopardo S. (1985) Patterns elettroencefalografici in diverse situazioni auxologiche. Aggiornamento Pediatrico XXXVI: 177-187.'
25. Ciliberto R, **Silvestri R**, Benenati L. (1985) Aspetti Biochimici dell'epilessia. Aggiornamento Pediatrico XXXVI: 439-452.
26. Curzi-Dascalova L, Peirano P, **Silvestri R**, Korn G. (1985) Organization du sommeil des nouveau-nés prématurés normaux. Etude polygraphique. Rev EEG Neurophysiol 15: 237-242.
27. Cirignotta F, Gigli GL, Mondini S, **Silvestri R**, Terzano G, Zucconi M. (1985) Protocolli per lo studio poligrafico dei disturbi del sonno, gruppo di studio per la standardizzazione delle metodiche polisomnografiche. Riv It EEG Neurofisiol Clin 8(1-2): 54-67.
28. Arena MG, Arcudi L, Ruello C, **Silvestri R**, D'Amico D, Colicchia G, Meduri M. (1987) Valutazione urodinamica in soggetti con encefalopatia vascolare multininfartuale ed "urgenza Incontinenza". Rass Med Int (Suppl 1): 69-72.
29. **Silvestri R**, Gugliotta M, Leuzzi R, DiPerri R. (1987) Rischi e svantaggi dell'uso delle benzodiazepine come ipnoinducenti nell'anziano. Rass Med Int (Suppl 1): 243-244.
30. **Silvestri R**, Gugliotta M, Coraci MA, Mento G, DiPerri R. (1987) Incidenza e rischio della sleep apnea nel sonno degli anziani. Rass Med Int (Suppl 11): 245-247.
31. Magauidda A, Gugliotta M, Coraci MA, **Silvestri R**, Caputo M, Meduri M. (1987) Patologia cerebrovascolare ed epilessia. Rass Med Int (Suppl 1): 237-242.
32. Vincken W, Guilleminault C, **Silvestri R**, Cosio M, Grassino A. (1987) Inspiratory muscle activity as a trigger causing the airways to open in obstructive sleep apnea. J C Respir Dis 188(2):372-377.
33. **Silvestri R**, Giliberto R, DeDomenico P, Insolia L, Lombardo N, Calcagno G. (1987) Gelastic seizures: Two case report. Riv It EEG Neurofis Clin vol 10, fasc 3:145-154.
34. **Silvestri R**, DeDomenico P, Gugliotta MA, Xerra A, Malara CE, Musolino M. (1987) Gilles de la Tourette Syndrome: Arousal and sleep polygraphic findings. A Case Report. Acta Neurologica. New Series (XLII) 4:263-272.
35. **Silvestri R**, DeDomenico P, Raffaele M, Xerra A, DiPerri R. (1988) Hypnogenic Paroxysmal dystonia: A new type of parasomnia? Functional Neurology 3(1):95-103.
36. Magauidda A, **Silvestri R**, Trombetta F, Lombardo N, DiPerri R. (1988) Epilessia parziale occipitale con sincronia bilaterale secondaria. Boll Lega It Epil 62/63:85-88.
37. DeDomenico P, Musolino R, DiRosa AE, Serra S, Gallitto G, Bonanzinga M, **Silvestri R**, DiPerri R. (1988) Tuberculous meningitis: A retrospective survey of 22 cases. It J Neuro Sci 1988 Vol 9, N 5; 477-482.

38. **Silvestri R**, DeDomenico P, Lombardo N, Raffaele M, Casella C, Leuzzi R, DiPerri R. (1988) Effects of L-acetyl-carnetine on nocturnal sleep and daytime alertness in young adults. Clinical Trials Journal, vol 25 (Suppl 1): 23-30.
39. **Silvestri R**, Ciliberto R, DeDomenico P, Lombardo N, Longo G, Cavallari W, DiPerri R. (1989) Paroxysmal electroencephalographic abnormalities genetically transmitted. One family description. European Neurology 29:216-223.
40. **Silvestri R**, DeDomenico P, Musolino R, Mento G, Marabello L, Longo M, DiPerri R. (1989) Nocturnal complex partial seizures precipitated by REM Sleep. A Case Report. European Neurology 29:80-85.
41. **Silvestri R**, Marabello L, Lasco A. Mento G, Raffaele, Leuzzi R, Lombardo N, DiPerri R. (1989) Wakefulness and sleep autonomic dysfunction in diabetics. Funct Neurol IV, 2:189-191.
42. Andò F, Polverino N, Girbino D, Castello S, Fiorello G, Mondello F, DiRosa AE, Morgante L, **Silvestri R**, Coraci MA, Crisafulli A, Cacciola G, Cuzzola P. (1989) La curva flusso-volume prima e dopo somministrazione di L-Dopa in Parkinsoniani. Atti XV Riun. LIMPE, Pisa 27-29/10, 1988. (Eds. A. Agnoli ed. L. Battistin) Pubbl. "Don Guanella", Roma, 1989.
43. Andò F, Polverino M, Castello S, Fiorello G, Molonia N, Girbino G, DiRosa AE, **Silvestri R**, Morgante L, Coraci MA, Crisafulli A, Cacciola G, Cuzzola P. (1989) Test di funzionalità respiratoria dopo L-Dopa quale indice di sensibilità al farmaco in soggetti affetti da morbo di Parkinson. Osservazioni Preliminari. Atti Accademia Peloritana dei Pericolanti. Classe di SC. Med Biol Vol LXXVI.
44. **Silvestri R**, DeDomenico P, Lombardo N, Leuzzi R, DiPerri R. (1989) Photosensitive epilepsy with occipital spikes occurring during sleep. In A. Beaumanoir, H. Gastaut, R. Naguet. "Reflex seizures and reflex epilepsies" Edit Médecine e Hygiene, 1989, 225-227.
45. **Silvestri R**, Raffaele M, Lombardo N, Casella C, Ferrò MT, DeDomenico P, DiPerri R. (1989) Mioclonie bilaterali massive in soggetto con malattia di Thavenard. Rilievi poligrafici in corso di sonno. Riv It EEG Neurophysiol Clin, vol 12, fasc 3, 1989, p231-239.
46. DiPerri R, **Silvestri, R.** (1989) Le Crisi cerebrali di natura non epilettica. Neurol Psichiatr Sci Um. Vol IX, 3:120-142.
47. Gugliotta MA, **Silvestri R**, DeDomenico P, Galatioto, S, DiPerri R. (1989) Spontaneous bilateral cerebral artery occlusion resulting in akinetic mutism. A Case Report. Acta Neurologica, New Series, Vol 11(XLIV) 4:252-258.
48. **Silvestri R**, Lasco A, Marabello L, Puglisi RM, Casella C, Cucinotta D, Manganaro P, Frisina N, DiPerri R. (1989) Wake and sleep cardiovascular reflex tests and GH Profiles in diabetic patients. Acta Diabetologica Latina, vol XXVI July-Sept. 1989 N3,p237-244.
49. Mento G, **Silvestri R**, DeDomenico P, Casella C, DiPerri R, (1989) Il rapporto tra i movimenti periodici in sonno e la vigilanza. Analisi del ruolo dei ritmi circadiani. Riv di Neurologia vol 59,N3 Maggio-Giugno 1989,p94-98.

50. Ciliberto R, **Silvestri R**, DeDomenico P. (1989) Manifestazioni parossistiche non epilettiche dell'eta' evolutiva. Aggiornamento Pediatrico 1989,XL,pp 189-208.
51. **Silvestri R**, DeDomenico P, Bramanti P, DiRosa AE, Serra S, DiPerri R. (1990) The effect of nocturnal physiological sleep on various movement disorders. Movement Disorders, Vol 5, n 1, 1990, pp 8-14.
52. **Silvestri R**, DeDomenico P. (1990) Come migliorare l'insonnia nel rispetto di una struttura ipnica fisiologica: Zolpidem, Imidazopiridina Ipnoselettiva. Federazione Medica XLIII, Febbraio, 1990.
53. **Silvestri R**, DeDomenico P, Raffaele M, Lombardo N, Casella C, Gugliotta MA, Meduri M. (1990) Vascular compression from goiter as an unusual cause of cerebrovascular accident. It J Neurol Sci II: 307-308.
54. **Silvestri R**, DeDomenico P, Casella C, Mento G, DiPerri R. (1990) Nocturnal paroxysmal dystonia with atypical short-lasting attacks. Neurophysiol Clin 20:217-219.
55. DeDomenico P, **Silvestri R**. (1990) Zolpidem ipnoinducente ad azione selettiva per una migliore qualita' del sonno. Medicus Anno V N. 25 p. 35 (Sett. 1990).
56. **Silvestri R**, Cardia E, Magaudda A, DeDomenico P. (1990) Epilessia mioclonica severa dell'infanzia. Descrizione di un caso. Boll Lega It Epil 70/71: 427-428.
57. Musolino R, DeDomenico P, Labate C, Marino D, Bruzzese T, **Silvestri R**, Gallitto G. (1990) Epilessia ed ipocalcemia nella stessa famiglia: Rilievi Clinicostrumentali. Boll Lega It Epil 70/71: 323-324.
58. **Silvestri R**, Magaudda A, DeDomenico P, Oteri G, Mento G, Casella C, Meduri M. (1990) Rilievi Neurofisiologici in veglia e sonno in un caso di epilessia parziale continua. Riv. It EEG Neurofisiol Clin. Vol 13(3), p189-196.
59. DeDomenico P, Marino D, Marino MT, Cardillo C, Micali A, Malara CE, Labate C, **Silvestri R**. (1990) Calcium related mechanism on red blood cells in long-term hospitalized psychiatric patients. New Trends in Experimental and Clinical Psychiatry. Vol 6. N4:199-206.
60. **Silvestri R**, Montagnese C, DeDomenico P, Raffaele M, Casella C, Lombardo N, DiPerri R. (1991) Narcolepsy and Psychopathology: A Case Report. Acta Neurologica Fasc 3, p 275-278.
61. Ciapparelli A, Colombo P, Cuccato G, Levi-Minzi A, Lorizio A, Maggioni M, Giuliano G, **Silvestri R**, Biondi F, Casadei GL. (1991) Passaggio ex-abrupto a zolpidem, nuovo ipnotico imidazopiridinico, in pazienti insonni gia' in trattamento con ipnotici benzodiazepinici. Minerva Psichiatrica 32: 3-12.
62. **Silvestri R**, Mento G, Casella C, DeDomenico P, DiPerri R. (1991) Sonno REM: Un meccanismo omeostatico comune nella regolazione della vigilanza e delle attivita' psichiche. NPS vol XI, N 3, pp 339-352.

63. **Silvestri R**, Mento G, Raffaele M, DeLuca G, Buttini G, Casella C, Tisano A, DeDomenico P, DiRosa AE, DiPerri R. (1991) Indole-3-pyruvic acid as a possible hypnotic agent in insomniac subjects. The Journal of International Medical Research 19:403-409.
64. **Silvestri R**, Raffaele M, Mento G, Tisano A, Casella C, DiPerri R. (1991) Narcolepsy: Variability of clinical and polygraphic features according to age. Riv It EEG e Neurofisiol Clin. Vol 14, fasc 2, pp 67-68.
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